ZUCCHINI-PEAS-SWEET POTATO PUREE

INGREDIENTS

200 ML WATER



100 G ZUCCHINI



50 G SWEET POTATOES



100 G FROZEN PEAS



PREPARATION

PEEL THE ZUCCHINI
REMOVE THE PIPS
CUT IN SMALL PIECES

PEEL THE SWEET POTATO CUT IN SMALL PIECES

RECIPE

PUT THE WATER IN THE BABY COOK

ADD ALL THE INGREDIENTS
IN THE BASKET

COOK

MIX FINELY

FOR BABIES ABOVE 6 MONTH

ADD A TEA SPOON OF OIL
(I USE THE ORGANIC BABY OIL FROM HOLLE)

ADD EVENTUALLY A LITTLE BIT OF CREAM FOR THE SMOOTHNESS